



# Tristan "TJ" Joseph Proctor

NOV 21, 2002 - SEP 12, 2024



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# Tristan "TJ" Joseph Proctor

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**T**ristan Joseph Proctor, TJ to friends and family, was born on November, 21, 2002, in Lansdowne, Virginia. He passed on September 12th at 21 years of age.

TJ is survived by his parents Elizabeth and Damin Proctor, brother Frederick (Freddie) Proctor, Grandparents Cozette Proctor, Gene Proctor, Lizzie McKoy, and James McKoy. He is also loved in passing by his aunts, uncles, and cousins.

TJ has always loved playing video games and watching anime and cartoons with his brother Freddie. He enjoyed beating his cousins in Wii bowling and Wii party. He loved playing in his grandparents', Gene and Cozette's, pool, and swimming in the ocean. He enjoyed running and listening to (and making) music. In highschool, he played the drums and was a part of his school's choir.

TJ has always had a great sense of humor. He loved joking with family and friends. His laugh was infectious, loud, and a little goofy.

In more recent years, TJ has been focused on work and honing his Deep Rock Galactic skills. Most recently, he had been enjoying his work in pest control, capturing and releasing families of foxes, bats, and birds.

A memorial service will be held at 6:00 p.m. on Tuesday, September 17, 2024 at Found and Sons Funeral Chapel, 10719 Courthouse Rd., Fredericksburg. The family will receive friends one hour prior. The family asks anyone attending the service to wear bright colors rather than black to show their love for TJ.



# Events


**Tristan "TJ" Joseph Proctor**

NOV 21, 2002 - SEP 12, 2024

## Gathering

 **Tuesday**, September 17, 2024


 5:00 PM - 6:00 PM ET


 **Found and Sons Funeral Chapel of Fredericksburg**  
10719 Courthouse Road, Fredericksburg VA 22407



## Memorial Service

 **Tuesday**, September 17, 2024

 6:00 PM ET

 **Found and Sons Funeral Chapel of Fredericksburg**  
10719 Courthouse Road, Fredericksburg VA 22407





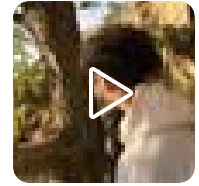
# Tribute Wall

## Tristan "TJ" Joseph Proctor

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**Found And Sons Funeral Chapels - Cremation Service** shared a **Tristan Joseph "T.J." Proctor Live Stream.**



September 16 at 6:21 AM



**Nicolas Martinez** posted:

Tristan was damn near a brother to me. All the Spanish classes spent playing Puyo Puyo, all the nights he was over at my house to hang out with the fellas. Some of the best memories of my life from that time period involved him. Thank you, Tristan. Whenever I hear this song come on, I'll be thinking of those times we had. <https://www.youtube.com/watch?v=7xxgRUyzgs0>

December 29 at 5:50 PM



**Lisa Fuller** lit a candle in honor of Tristan "TJ".

Damin ,Liz,Freddy we love you guys. We are so sorry for your loss. T.j was always smiling, laughing ,loved his fun hair. He always had the best hair!! Alex also sends his love he told me many of memories he had of t.j when they were in Highschool. He was very sad when heard the news. We are thinking of you all. Love Bobby ,Lisa,Alex



September 17 at 3:57 PM



**Brian F.** planted a Memorial Tree in honor of Tristan "TJ".



September 17 at 1:57 PM



**Ivette B.** planted a Memorial Tree in honor of Tristan "TJ".



September 17 at 12:36 PM



## Tribute Wall

**Tristan "TJ" Joseph Proctor**

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**John S.** planted a Memorial Tree in honor of Tristan "TJ".

September 17 at 12:12 PM



**Lori L.** planted a Memorial Tree in honor of Tristan "TJ".

September 17 at 8:14 AM



**Anonymous** sent an Emerald Garden Basket to the Proctor family.

September 17 at 8:13 AM



**Art & Sheldonna Robinson** planted a Memorial Tree in honor of Tristan "TJ".

September 17 at 8:13 AM





# Tribute Wall

**Tristan "TJ" Joseph Proctor**

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**David Adams** shared 2 photos and a video to the **Tribute Wall** album.

TJ and I used to go running together when we both could find time, and I learned a lot from him. The first time we went running together in downtown Fredericksburg, he taught me how to properly stretch before and after a run so that I wouldn't be in agony afterwards, and he also taught me better running form. My knees are still thanking him to this day. We went to Soup & Taco afterwards. He insisted that he'd try what I usually get, chicken tacos and pupusas, and he loved it. When was still in college at VCU, he drove all the way to Richmond to run with me and my buddy for the Monument Avenue 10k. In prior years I ran the 10k by myself, and it was great having TJ by my side this time for some friendly competition. His legs were much longer than mine so he always challenged me to keep up. I remember him cracking jokes that he was still taller than me despite me standing on the highest part of the podium for our picture. I will miss his goofy personality and laugh dearly. He was so happy that he beat his Personal Record (PR) and got to ring the bell! Despite needing to lay down from exhaustion in the Monroe Park grass immediately after the finish line, he still got up to ring the bell to say it was "TOO EASY" I will always remember the many late nights we had playing video games together and the hilarious moments we shared.



September 14 at 9:31 PM



**James & Beth Fizer** sent a Beautiful in Blue to the Proctor family.



September 17 at 5:57 AM



**Anonymous** sent a Florist Choice Bouquet to the Proctor family.



September 17 at 5:52 AM



**Brooke, Terry, Aubrie & Alden Will Gaddy** planted a Memorial Tree in honor of Tristan "TJ".



September 17 at 5:52 AM



## Tribute Wall

**Tristan "TJ" Joseph Proctor**

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MF

**Michael And Victoria Fizer** sent a Full Of Love Bouquet to the Proctor family.

September 17 at 3:36 AM



VT

**Vicky Taylor** lit a candle in honor of Tristan "TJ".

Liz, Damin and Freddy: We love you and will continue to pray for the day you can smile again.

September 16 at 7:43 PM



WG

**William G.** planted a Memorial Tree in honor of Tristan "TJ".

September 16 at 5:29 PM



TB

**Tam & Marilyn West & Bernadette Bonapart** sent a Be My Love Bouquet with Red Roses to the Proctor family.

September 16 at 5:28 PM



TB

**The Barksdales** sent a Simply Elegant Spathiphyllum to the Proctor family.

September 16 at 12:59 PM



MA

**Marquita A.** planted a grove of 5 Memorial Trees in honor of Tristan "TJ".

September 16 at 12:34 PM





## Tribute Wall

**Tristan "TJ" Joseph Proctor**

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LS

**Love, Joe, Lauren, And Shoshana** sent a Full Of Love Bouquet to the Proctor family.

September 16 at 12:27 PM



LS

**Love, Joe, Lauren, And Shoshana** planted a Memorial Tree in honor of Tristan "TJ".

September 16 at 12:27 PM



SN

**Sunset Court/Lane Neighbors** sent a Country Basket Blooms to the Proctor family.

September 16 at 11:42 AM



MS

**Makan Shirafkan** sent a Peaceful White Lilies Basket to the Proctor family.

September 16 at 10:42 AM



CR

**Charles&Jewel Rascoe** lit a candle in honor of Tristan "TJ".

To the Proctor/McKoy family: May your sweet memories of TJ show sustain you during this difficult time. We are praying for strength and comfort for you and love ones. 🙏❤️🌹 Charles & Jewel Rascoe

September 16 at 10:27 AM



AM

**Amy** lit a candle in honor of Tristan "TJ".

September 16 at 8:02 AM





## Tribute Wall

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LF

**Love , " West Glen Dower Family "** sent a Peaceful White Lilies Basket to the Proctor family.

September 16 at 5:14 AM



**Anonymous** sent a Beautiful in Blue to the Proctor family.

September 16 at 5:10 AM



CC

**Cynthia C.** planted a Memorial Tree in honor of Tristan "TJ".

September 16 at 2:40 AM



TF

**The Long Family** sent a Simply Elegant Spathiphyllum to the Proctor family.

September 15 at 10:46 AM



TF

**The Long Family** planted a Memorial Tree in honor of Tristan "TJ".

September 15 at 10:46 AM



DS

**Drs. Michael & Suhad Kim** sent a Sweetest Sunrise Bouquet to the Proctor family.

September 15 at 9:39 AM





## Tribute Wall

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JL

**John And Janice Lloyd** sent a Small Garden Dish to the Proctor family.

September 15 at 7:12 AM



CM

**Celina M.** planted a Memorial Tree in honor of Tristan "TJ".

September 15 at 7:02 AM



JE

**Jean Eustice** lit a candle in honor of Tristan "TJ".

September 15 at 7:01 AM



**Anonymous** sent a Sweet Tranquility Basket to the Proctor family.

September 15 at 6:39 AM



AC

**Andrew, Alex, Claudia And Mihai Croitoru** planted a Memorial Tree in honor of Tristan "TJ".

September 15 at 6:39 AM



RF

**Rueppell F.** planted a Memorial Tree in honor of Tristan "TJ".

September 14 at 9:31 PM





# Media

**Tristan "TJ" Joseph Proctor**

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**Found And Sons Funeral Chapels - Cremation Service** shared a **Tristan Joseph "T.J." Proctor Live Stream.**

September 16 at 6:21 AM

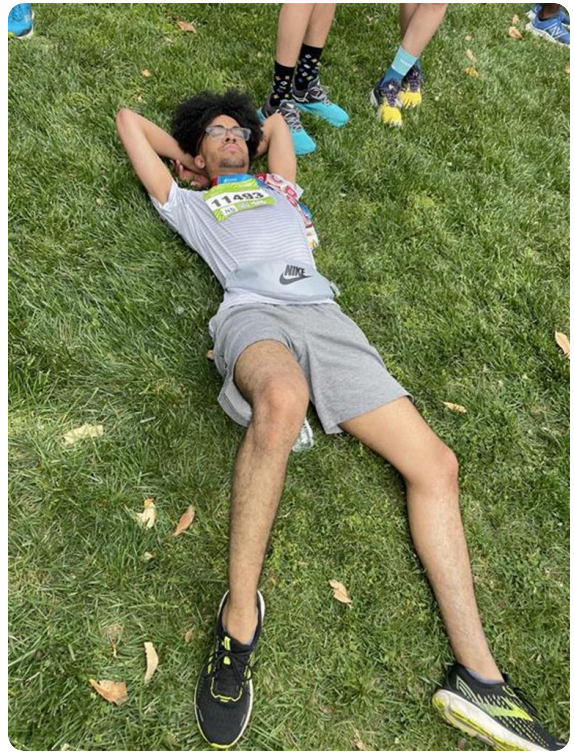




David Adams shared 2 photos and a video to the **Tribute Wall** album.

September 17 at 8:06 AM







# Memories only last if you share them

Join us in honoring Tristan "TJ" by contributing to a collection of shared memories.



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